



# Jesus and the Eucharist Study

Every parish across the country is invited to host the Jesus and the Eucharist study during the Year of Parish Revival. This seven-session series will immerse participants in the kerygmatic proclamation (Sessions 1–4) and unveil God’s saving work in the Eucharist (Sessions 5–7).

Each session opens with an exhortation from a different bishop, followed by lectio divina prayer with scripture. The main lesson is drawn from content created by the Augustine Institute and will include personal testimonies from Catholics across the country. If necessary we transition into small group discussions. Each session will be 2 hours or less and we would love to see you there! **COME AS YOUR SCHEDULE PERMITS OR IF A TOPIC INTERESTS YOU!**  
**You do not need to attend all.**



## BELOW IS AN OVERVIEW OF EACH SESSION:

### **February 21: Session 1: What’s Our Story? (Immediately following Soup Supper)**

The Bible is the story of God’s love for us. He created us out of love, redeemed us by his love, and transforms us in his love.

### **February 28: Session 2: Who Is Jesus? (Immediately following Soup Supper)**

Jesus is both God and man, therefore he reveals who God is in relation to us. Jesus asked Simon Peter, “Who do you say that I am?” (Matthew 16:15) He asks this same question of us: who do you say Jesus is?

### **March 6: Session 3: Am I Saved? (Immediately following Soup Supper)**

Salvation is a gift from God through Jesus Christ that requires our “yes.”

### **March 13: Session 4: Why a Church? (Immediately following Soup Supper)**

Jesus didn’t simply leave us a written message or instruction manual to follow. He gave us a living, dynamic Church where we encounter him personally and allow ourselves to be transformed into his likeness.

### **April 10: Session 5: God Is With Us (6:30p.m. to 8:00p.m.)**

God’s presence in the Old Testament foreshadows the gift of the Eucharist, one of the seven sacraments of the Church. Jesus established the Eucharist to give us strength and accompany us at every moment of our earthly journey.

### **April 17: Session 6: The Story of the Eucharist (6:30p.m. to 8:30p.m.)**

The story of the Eucharist can be traced throughout Scripture. From Genesis to the present day, this session explores how the Cross is the new Tree of Life, and the Eucharist is its fruit.

### **April 24: Session 7: Bread for the Journey (6:30p.m. to 8:00p.m.)**

The Eucharist sustains us on our spiritual journey. Our participation at Mass through the Liturgy of the Word and the Liturgy of the Eucharist is an offering of thanksgiving to God. We are then sent forth to share what we have received.